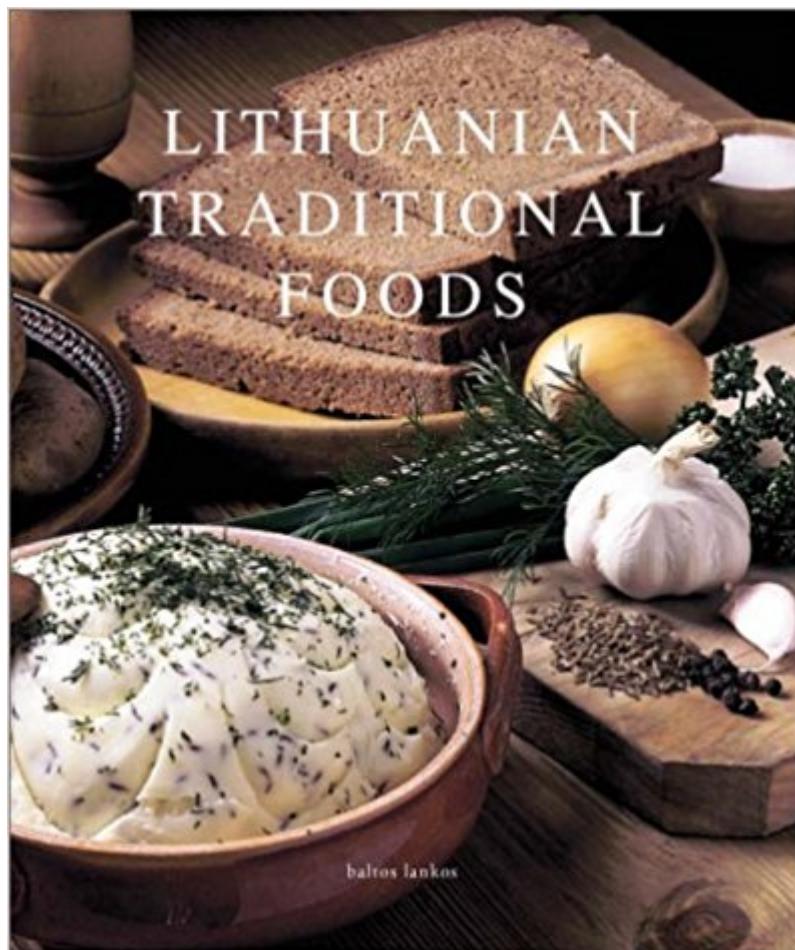


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# Lithuanian Traditional Foods



## **Synopsis**

This book presents recipes for traditional Lithuanian cooking at its best, with plenty of inspiration from local culinary traditions. Lithuanian cuisine is known for its simplicity; it is the product itself which above all gives the dish its flavor, followed by various additional ingredients and seasoning. The natural and healthy character of its dishes is what makes Lithuanian cuisine unique. This book is for all those who are interested in traditional Lithuanian cooking, unique recipes, or who simply wish to expand their culinary horizons. English text with 23 color photographs.

## **Book Information**

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## **Customer Reviews**

I bought it to prepare Lithuanian food for a friend. So far the book has been consistent with traditional taste. Not a lot of recipes .... but then again there were not a lot of foods available to cook with.

Nice recipes, easy to make, a thunmb up from Lithuanian people, all great and the food taste awesome, higly recommended

Being Lithuanian, it is an excellent book to have when we want to partake of traditional Lithuanian foods, which is most of the time.

This is a wonderful collection of over 300 recipes from the Lithuanian countryside. More than just a collection of recipes, it includes the cultural and culinary context in which the recipes arise, including

notation of regional specialties. The recipes require an above average amount of cooking expertise (for example, not all recipes indicate how much dough to use to make a dumpling), but experienced cooks should be able to make reasonable judgments. No western kitchen appliances are referenced, but again experience will guide you. Some recipes are curiosities only (i.e., herring with hemp seed, carrot coffee), but most are doable and worth a try.

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